



CANCER SUPPORT  
**COMMUNITY**  
SOUTH BAY

ALL SERVICES ARE **FREE**

## WEEKLY SUPPORT GROUPS

Ongoing support groups are facilitated by licensed mental health professionals for cancer patients & their loved ones. Family groups are for spouses, significant others, parents, children, or close friends.

### Tuesdays

**Newly Diagnosed Cancer:** 3pm - 4:30pm \*in-person only

**Breast Cancer (San Pedro Group):** 5:30pm - 7:30pm

**Newly Diagnosed Breast Cancer:** 6pm - 8pm

**Cancer Participant:** 6pm - 8pm

**Family/Partners:** 6pm - 8pm

### Wednesdays

**Women's Cancer:** 10am - 12pm

**Cancer Participant:** 6pm - 8pm

**Newly Diagnosed Breast Cancer:** 6pm - 8pm

### Thursdays

**Newly Diagnosed Breast Cancer:** 10am - 12pm

**Cancer Participant:** 12pm - 2pm **\*New Time**

On the 3rd Thurs this group meets in-person at our office

**Cancer Participant (Long Beach Group):** 5pm - 7pm

**Cancer Participant:** 6pm - 8pm

**Family/Partners:** 6pm - 8pm

**Newly Diagnosed Breast Cancer:** 6pm - 8pm

### 2nd and 4th Saturdays

Celebrating Survivorship: May 9 & 23 and June 13 & 27  
10am - 12pm \*in-person at our office (Networking Group)

**Bereavement Group (Welcome Orientation NOT required)**

**Monday, May 4 & 18 and June 1, 15 & 29 \*Time Change**

4pm - 6pm

**Tuesday, May 12 & 26 and June 9 & 23 • 3pm - 5pm**

## WELCOME ORIENTATION MEETING

If you are new to CSC South Bay and would like to join a support group or attend a healthy lifestyle class, please attend a group online Welcome Orientation meeting **held every Monday and Friday at 11am via Zoom for approximately 30 minutes.**

## INTERESTED IN JOINING OUR COMMUNITY?

Register online at [CSCSouthBay.org](http://CSCSouthBay.org) and click "GETTING STARTED," use QR Code with camera app, or contact Norma Gonzalez, our Cancer Support Navigator, at [Norma@CSCSouthBay.org](mailto:Norma@CSCSouthBay.org).



# MAY & JUNE 2026 CALENDAR

All groups offered online via Zoom, unless otherwise noted. For most up-to-date schedule/information, visit

[www.CSCSouthBay.org](http://www.CSCSouthBay.org)

## NETWORKING GROUPS

These cancer-specific groups for patients & their loved ones are facilitated by licensed mental health professionals. Share and learn from others going through similar experiences.

### Blood Cancers

2nd Thursday, May 14 and June 11 • 1pm - 3pm

### Celebrando Cada Dia

1st & 3rd Tuesday, May 5 & 19 and June 2 & 16

5pm - 6:30pm \*in-person at our office

Para nuestro grupo de apoyo en español, por favor llame a Norma al 310-376-3550.

### Colo-Rectal Cancers

1st Saturday, May 2 and June 6 • 10:30am - 12:30pm

### Gynecological Cancers

1st & 3rd Tues., May 5 & 19 and June 2 & 16 • 10am - 12pm

### Life After Cancer

1st Monday, May 4 and June 1 • 6pm - 8pm

### Living Well with Metastatic Cancer

1st Monday, May 4 and June 1 • 10am - 12pm

### Lung Cancer

3rd Saturday, May 16 and June 20 • 10:30am - 12:30pm

### Lymphedema (Meets Quarterly)

2nd Saturday, June 13 • 1pm - 3pm

### Men's Strengthening and Connection

2nd and 4th Monday, May 11 and June 8 & 22

\*This group will not meet 4<sup>th</sup> Mon. in May due to holiday.

2pm - 4pm \*in-person at our office

### Oral, Head & Neck Cancer

1st Thursday, May 7 and June 4 • 2pm - 4pm

### Pancreatic Cancer

3rd Monday, May 18 & June 15 • 10:30am - 12:30pm

### Prostate Cancer

1st & 3rd Wednesdays, May 6 & 20 and June 3 & 17

5pm - 7pm

### Prostate Cancer (Kaiser Group)

2nd Wednesday, May 13 and June 10 • 5pm - 7pm

### Sarcoma Alliance \*Time Change

2nd Saturday, May 9 and June 13 • 10am - 11:30am

### Spousal Bereavement (Welcome Orientation NOT required)

2nd & 4th Monday, May 11 and June 8 & 22 **\*Time Change**

4pm - 6pm • This group will not meet 2<sup>nd</sup> Mon. in May due to holiday closure.

### Young Cancer Survivorship

3rd Monday, May 18 and June 15 • 6pm - 7:30pm

\*Diagnosed before early 40's, regardless of current age.

# MAY & JUNE 2026 CALENDAR

## HEALTHY LIFESTYLE CLASSES

\*This programming is for adults, 18 yrs & older.

For the most up-to-date schedule/information or to register, please visit [www.CSCSouthBay.org](http://www.CSCSouthBay.org)

### ONLINE CLASSES

These classes are held over Zoom.

**1st & 3rd Mondays, May 4 & 18 and June 1 & 15 | 10am**

**Gentle Hatha Yoga w/Jenni Green**

Come connect your mind, body, and spirit through stretches, poses, breath work, and meditation.

**2nd & 4th Mondays, May 11 and June 8 & 22 | 10am**

**Revitalizing Yoga w/Yoshiko Nishioka**

Come relax and rejuvenate your body and mind with balancing exercises, simple stretches, and more.

**Mondays | 12pm**

**Relax and Reconnect Sound Bath w/Victoria Birch Vandeplass**

Experience deep relaxation as the primordial tones of the gong and crystal alchemy singing bowls carry you into a state of relaxation and meditation. Leave rebalanced and rejuvenated.

**Mondays | 5pm**

**Prevent a Fall with Tai Chi w/Ann Pitts**

This low-impact, graceful exercise is good for the body and mind and can reduce stress and improve balance.

**1st Tuesdays, May 5 and June 2 | 6pm**

**Dancing for Fitness w/Shaneeé Siracusa**

Each class has a new theme and basic dance moves to get your heart pumping. Come shimmy, sweat, and smile.

**2nd & 4th Tuesdays, May 12 & 26 and June 9 & 23 | 10am**

**Gentle Tuesday Yoga w/Nia McGee**

A grounding and accessible practice blending breathwork, Hatha, and restorative elements to cultivate a growing connection with your own unique body and mind.

**Wednesdays | 10am**

**Seasonal Qi Gong w/Regina Dell'Oro**

Qi Gong is a holistic experience addressing the mind, heart, and body. Let's explore the basics of meditation and how to help our energy to increase our sense of well-being.

**Wednesdays | 4pm**

**Guided Meditation w/Christine/Farzaneh**

Let's meditate together to achieve stress relief, balance, and compassion into your life.

**Wednesdays | 6:30pm**

**Pilates with Bernadette Sanders**

Pilates can help create balance, strength, and flexibility.

**2nd & 4th Thursdays, May 14 & 28 and June 11 & 25 | 11am**

**5Rhythms w/Masayo Benoist**

5Rhythms® is a dynamic movement meditation, free-form dance designed to ignite creativity and connection.

**3rd Thursday, May 21 and June 18 | 1pm - Hybrid!**

**Chakra Sound Healing w/Lynette Toma at our office**

Immerse yourself in a symphony of invigorating sounds to stimulate the senses and awaken your inner vitality.

**Fridays | 9:30am**

**Gentle Yoga w/Maureen O'Connor**

Practice stretching, breathing techniques, and meditation.

**1st Friday, May 1 and June 5 | 11am**

**Strength & Balance w/Mudaser Hakami**

Come and improve your functional strength, balance, and stability. Exercises can be modified.



### MAY SOCIAL #1

**Cinco de Mayo Celebration**

**Tuesday, May 5 | 12pm - 1:30pm | our office**

**Language: English and Spanish**

Join your fellow participants in a Cinco de Mayo celebration with a fiesta lunch and craft activity.

### IN-PERSON CLASSES

Classes are held at CSC Offices or Offsite Locations

**Mondays at 8:30am**

**Walking Group - Esplanade w/Gina Koency**

Walking is a great way to improve or maintain your overall health. Join us as we walk the Esplanade area.

**Mondays | 10am**

**Knit and Crochet w/Yarn Angels**

Do you knit/crochet or would you like to learn? All are welcome.

**Mondays | 12pm**

**Hatha Flow w/Poppy Jones**

Join us for a gentle mat yoga class designed to increase mobility and flexibility by releasing tension and stretching our muscles.

**Tuesdays | 10:30am**

**Tai Chi w/Les Krzcuk**

This low-impact, graceful exercise reduces tension, improves balance, flexibility, and soothes the mind.

**2nd Tuesdays, May 12 and June 9 | 12pm**

**Essentrics Full Body Stretch w/Ai**

These gentle full-body stretches use tai chi, strengthening theories behind ballet, and healing principles of physiotherapy.

**1st Wednesdays, May 6 and June 3 | 10am**

**Restorative Yoga w/Lisa Briedis**

Join us for gentle, restorative yoga supported by props and open to all levels - including those in recovery.

**2nd and 4th Wednesdays, May 13 & 27 and Jun. 10 & 24 | 11am**

**Yin Yoga w/Lisa Jordan**

Use both active movement and passive poses to target deep tissues, promote flexibility, and motion.

**3rd Wednesdays, May 20 and June 17 | 11am**

**Yin and Restorative Yoga w/Andrea Torregrossa**

This all-level, gentle yoga class begins with a calming meditation, then a light sequence of yoga intended to heal, restore, and relax.

**4th Wednesdays, May 27 and June 24 | 12:30pm**

**Reiki Circle w/Jovita Trani and other Reiki Masters**

We will practice our awareness of our own energy using the Mind/Body Connection (PNI).

**Thursdays | 11am**

**Grounding Yin Yoga w/Tilly Peraza**

Yin is a deeply calming and restorative practice that helps the body release tension and enhances flexibility. Come unwind and breathe.

**3rd Thurs., May 21 & June 18 | 1pm - our office - Hybrid!**

**Friday, May 29 | 1pm - Offsite @ Wellspring 88**

**Chakra Sound Healing w/Lynette Toma**

Immerse yourself in a symphony of invigorating sounds to stimulate the senses and awaken your inner vitality.

**Fridays | 11:15am**

**Zumba Gold and Toning w/Liza Legaspi**

Gold (30 min) is the ultimate dance-fitness party. Toning (15 min) mixes Zumba moves with light weights to help tone/define.

**1st Fridays, May 1 and June 5 | 12:30pm**

**Yin Yoga and Sound w/Poppy Jones**

This class combines restorative yin postures, supportive props, gentle breath, and the healing resonance of a live sound bath. Release tension in the body and quiet the mind, this practice invites deep rest and nervous system reset. Slow down, settle in, and welcome the weekend feeling grounded, open, and renewed.

**2nd Saturday, May 9 and June 13 | 10am**

**Morning Yoga at Redondo Beach Pier - Concert Stage w/The Greenhouse PV**

All levels welcome. Bring a yoga mat, jacket, water, and towel. No registration required. Weather permitting.

\*This programming is for adults, 18 yrs & older.

## ONLINE WORKSHOPS via Zoom

For the most up-to-date schedule/information or to register, please visit [www.CSCSouthBay.org](http://www.CSCSouthBay.org) or call 310-376-3550.

Please scan QR Code using your camera app to go directly to our website calendar.



**Wednesday, May 6 | 5pm - 6pm**

**CC: Nutrition & Mental Health w/Create Cures**

Explore the powerful connection between what we eat and how we feel. We'll share practical strategies and emerging science showing that nutrition plays a significant role in mental health, mood regulation, and emotional well-being.

**Friday, May 8 | 1pm - 2pm** (also in-person)

**Lunch & Learn: Exercise Recommendations in Cancer w/Phil Chang, DO**  
Cancer and cancer treatment may lead to impairments in balance, strength, endurance, and bone health. We will discuss specific exercise recommendations and simple strategies to start an exercise program for those with little or no background in physical activity.

**Wednesday, May 13 | 12:30pm - 2:30pm** (also in-person)

**Advance Directives/POLST/Dementia Directives w/Karen Morin, RN**

Join Karen as she provides an in-depth step-by-step explanation for Advance Directives, POLST, and Dementia Directives. Karen will explain each section, the medical implications, how to access each option, and when to update.

**Thursday, May 14 | 5:30pm - 6pm**

**Cancer Mythbusters w/Neil Bhayani, MD**

While science doesn't have all the answers, it does provide reliable answers to people with cancer. This 30 minute workshop aims to address some common myths & misperceptions on cancer and cancer treatments.

**3rd Saturday, May 16 and June 20 | 9am - 12pm**

**Writing for Wellness w/Barbara Force**

This monthly program offers everyone affected by cancer ways to express themselves through writing.

**Tuesday, May 19 | 5:30pm - 6:30pm**

**Getting Your Affairs in Order w/Eric Harris, Esq.**

This workshop will help you in plan during major life events such as divorce, illness, and birth/death of a family member. Eric, an expert in estate planning, will present ideas to protect your assets and ensure that your loved ones are taken care of and avoid probate.

**Thursday, May 21 | 3:30pm - 4:30pm**

**COH: CAPE Series w/Ann Smith, MSN, RN, OCN, NPD-BC**

Each month learn how to manage side effects of cancer treatment.  
May Topic: Skin Changes That Can Happen with Cancer Treatment.

**Tuesday, May 26 | 12pm - 1pm** (also in-person)

**Optimizing Calcium Absorption Through Food w/Meghan Laszlo MS, RD, CSO**

Learn practical strategies for adding more calcium to your meals and improving its absorption through simple preparation techniques. Meghan will cover a variety of high-calcium foods—including both dairy and plant-based options—along with cooking methods that enhance bioavailability. You will also explore easy, nutrient-rich food combinations that support strong bones.

**4th Tuesday, May 26 and 2nd & 4th Tuesday, June 9 & 23  
6:30pm - 8pm**

**Expressive Art: Creative Journey for Cancer Support w/Sarah Patterson**

Through painting, writing, and other creative outlets, you'll have a safe space to explore your feelings, reduce stress, and find emotional relief. No artistic experience is needed—just an open heart.

**Thursday, May 28 | 1pm - 2:30pm** (also in-person)

**Lunch & Learn: Mindfulness for Beginners w/Glen Komatsu, M.D.**

Living in a world of increasing volatility, uncertainty, and ambiguity can be overwhelming at times without adding a diagnosis of cancer. Can mindfulness practices help? Learn some of the science which supports mindfulness practices and try out some practices together.

**Last Saturday, May 30 and June 27 | 11am - 12:30pm**

**Word Women: Poetry Heals w/Ja'net Danielo**

Let's use poetry to explore our cancer journey to move toward healing. Open to anyone who has or has had cancer.

**Wednesday, June 3 | 5pm - 6pm**

**CC: Cancer Survivorship and Nutrition:**

**Optimizing Outcomes Beyond Treatment w/Create Cures**

Learn what it means to move beyond treatment and support long-term health, recovery, and resilience. We will explore how nutrition and lifestyle strategies can help reduce recurrence risk, support metabolic health, and improve quality of life after cancer. Discover practical, sustainable approaches to nourish your body, rebuild strength, and enhance overall wellbeing.

**Monday, June 8 | 6pm - 7pm**

**Medical Cannabis and Cancer w/Bonni Goldstein, MD**

We will discuss the use of medical cannabis for cancer, including the basic mechanisms behind its properties and the research into its use in cancer care.

**Wednesday, June 10 | 12:30pm - 1:30pm** (also in-person)

**Breast Cancer: Your Path Forward & Q&A w/Sharvina Ziyeh, MD**

Learn how to tackle a new breast cancer diagnosis, what treatment looks like for you, and important questions to ask your medical oncologists. Dr. Ziyeh, a medical oncologist, will answer your questions regarding all stages of breast cancer diagnosis and treatment options. Submit questions to [Rebecca@CSCSouthBay.org](mailto:Rebecca@CSCSouthBay.org).

**Thursday, June 11 | 12:30pm - 1:30pm** (also in-person)

**The Bonus Years: What it takes to thrive? w/Helen Dennis**

To thrive is to live a purposeful and satisfying life despite the challenges. It is to grow, connect, adapt and give. Please join us as we describe 10 lifestyle engagements that can help all of us thrive ... at any life stage.

**Friday, June 12 | 1pm - 2:30pm** (also in-person)

**Flavor Revival: Cooking with Herbs and Spices for Changing Taste w/Shelby Yaceczko, DCN, RDN-AP, CNSC**

We will offer practical cooking strategies to help manage taste changes commonly experienced by individuals with cancer, whether they are currently undergoing treatment or not. Share your experiences, challenges, and successes. We will have a live demo showing how to use spices and herbs to enhance flavors and those who join in-person can take a sample home!

**Saturday, June 13 | 12:30pm - 2pm** (also in-person)

**Lunch and Learn: Metabolic Health: Creating a Body Where Cancer Struggles w/Dr. Angie Aboutalib**

This workshop explores how metabolic health influences the biological environment in which cancer develops and progresses. Participants will learn evidence based lifestyle strategies including nutrition, physical activity, sleep, and metabolic optimization that help create conditions less favorable for cancer growth.

**3rd Monday on Even Months, June 15 | 2pm - 3pm**

**Declutter 101 w/Regina Lark, PhD**

Is your office or home filled with clutter?

Learn how to let go of "our stuff," determine if you should keep it, sell it, or give it away using various fun and easy techniques.

**Thursday, June 18 | 3:30pm - 4:30pm**

**COH: CAPE Series w/Ann Smith, MSN, RN, OCN, NPD-BC**

Each month learn how to manage side effects of cancer treatment.  
June Topic: Herbal Therapy and Integrative Medicine.

**Tuesday, June 23 | 12pm - 1pm**

**A Psychiatrist's Guide to Cancer Treatment w/Dr. Richard Palmer**

With a diagnosis of cancer, the immediate focus is on the physical aspects of the disease. Learn how a psychiatrist sees his role in helping patients with the emotional aspects of cancer including the use of various medications.



**MAY SOCIAL #2**

**Trivia Night in Collaboration w/CSCLA  
Tuesday, May 26 | 5pm - 6pm | online**

Join via Zoom and have a second device ready. No experience necessary! This interactive casual event will feature rounds of questions and a few prizes!

\*This programming is for adults, 18 yrs & older.

## IN-PERSON WORKSHOPS @ OUR OFFICE

\*unless otherwise stated

For the most up-to-date schedule/information or to register, please visit [www.CSCSouthBay.org](http://www.CSCSouthBay.org)



### JUNE SOCIAL #1

**Celebration of Life Luau**  
Sunday, June 14 1pm - 3pm | TMMC Hoffman HCC (indoors) | For National Cancer Survivors Day, join us for hula dances, music, appetizers, resources, crafts & kids area, prizes, and more!

**Wednesday, May 6 | 11:30am - 12:30pm**

**BCHD: Learn and Practice: Balance & Resistance w/Jon Michaels**  
In collaboration with BCBD, join Michael as he shares the vital connection between muscular strength and fall prevention for cancer patients. Then we'll practice accessible strength-building techniques.

**1st Thursday, May 7 and June 4 | 1pm - 2:30pm**

**Food and Mood Sharing Circle w/Lily Hanna**

This workshop provides a space to learn, exchange ideas, and connect. Each month will have a different topic.

**Friday, May 8 | 12:30pm - 2pm** (also online)

**Lunch & Learn: Exercise Recommendations in Cancer w/Phil Chang, DO**

Please see Page 3 for workshop description.

**Wednesday, May 13 | 12:30pm - 2:30pm** (also online)

**Advance Directives/POLST/Dementia Directives w/Karen Morin, RN**  
Please see Page 3 for workshop description.

**2nd Tuesday, May 12 and June 9 | 1:30pm - 3:30pm**

**Art: Expressive Mixed Media w/Karen Doyle**

This creative art workshop offers a supportive environment where you can explore various art styles. Discover new ways to unleash your creativity!

**3rd Wednesday, May 20 | 1pm - 3pm** -Resumes in September!

**Sewing: School of Couture w/Dee Aizakhmetova**

Further your sewing skills by doing intermediate projects. 5 Participants.

**Monday, May 18 and June 22 | 1:30pm - 3:30pm**

**Artlife: Monthly Workshop w/Vanesa Andrade**

Vanesa will teach various styles/paintings each month using acrylic paint.

**Tuesday, May 26 | 12pm - 1pm** (also online)

**Optimizing Calcium Absorption w/Food w/Meghan Laszlo RD, CSO**

Please see Page 3 for workshop description.

There will be an optional food sampling for those who join in-person.



### JUNE SOCIAL #2

**Fourth of July Dinner and Bingo**  
Tuesday, June 30 | 5:30pm - 7pm | our office  
Celebrate 4<sup>th</sup> of July with CSC South Bay with a fun night of dinner and bingo! Dinner and bingo materials will be provided, along with a few prizes!

**Thursday, May 28 | 12:30pm - 2:30pm** (also online)

**Lunch & Learn: Mindfulness for Beginners w/Glen Komatsu, M.D.**  
Please see Page 3 for workshop description.

**Wednesday, June 10 | 12:30pm - 1:30pm** (also online)

**Breast Cancer: Your Path Forward & Q&A w/Sharvina Ziyeh, MD**  
Please see Page 3 for workshop description.

**Thursday, June 11 | 12:30pm - 1:30pm** (also online)

**The Bonus Years: What it takes to thrive? w/Helen Dennis**  
Please see Page 3 for workshop description.

**Friday, June 12 | 1pm - 2:30pm** (also online)

**Flavor Revival: Cooking with Herbs and Spices for Changing Taste w/Shelby Yaceczko, DCN, RDN-AP, CNSC**

Please see Page 3 for workshop description. In-person participants will be able to take some of the spices home from the food demo!

**Saturday, June 13 | 12pm - 2pm** (also online)

**Lunch and Learn: Metabolic Health: Creating a Body Where Cancer Struggles w/Dr. Angie Aboutalib**

Please see Page 3 for workshop description.

**Saturday, June 20 | 10am - 12pm**

**A Day of Wellness for Pancreatic Cancer Patients & Caregivers**

In collaboration with Hirshberg Foundation, we invite Pancreatic Cancer Patients & Caregivers to join us for a day focused on education and connection featuring UCLA's Shelby Yaceczko, DCN-RDN-AP, CNSC. Announcement of additional speakers and topics coming soon.

**Thursday, June 25 | 12:30pm - 2:30pm**

**Lunch and Learn: 5 Wishes Workshop with Vitas Healthcare**

Explore and document your end of life preferences through a thoughtful and guided approach. Gain clarity and confidence in making decisions that honor your wishes, and provide peace of mind. We aim to reduce confusion and uncertainty, allowing you to leave feeling empowered and prepared.



**Kids Grief & Loss Group**  
and Kids Snack & Support Group available.

Free online support program for children ages 5-12 who have a family member with cancer or grieving the loss of a loved one to cancer. In a small and supportive group setting, children will talk, learn, and grow together. BYOS. Please contact [Norma@CSCSouthBay.org](mailto:Norma@CSCSouthBay.org) for more details.

**Kids Community also hosts in-person themed monthly activities that bring together families to connect, learn, and have fun!**

## OTHER AVAILABLE SERVICES

**Individual, Couples, and Family Counseling**  
CSC South Bay provides free, short-term counseling under the supervision of our licensed clinical staff.

To learn more, please email  
**Norma Gonzalez, Cancer Support Navigator,**  
at [Norma@CSCSouthBay.org](mailto:Norma@CSCSouthBay.org).

## Administrative Staff

**Jillian Van Leuven**, Executive Director/CEO  
**Christine Byrne**, Development Director  
**Nancy Lomibao**, PsyD, LMFT #36645, CCO/Program Director  
**Pamela Martis**, Director of Finance & Operations  
**Theresa Plakos**, Public Relations Director  
**Carla Bick**, Data Analyst and Reporting Specialist  
**Cristina Scott**, #160796, Registered Associate MFT and #21590, Registered Associate PCC, Outreach & Kids Community Manager  
**Goli Eslami**, Event & Volunteer Manager  
**Kelsey Schaible**, Marketing & Communications Manager  
**Norma Gonzalez**, Cancer Support Navigator  
**Rebecca Sul**, Program Manager  
**Stacey BrooksClark**, Senior Human Resources Generalist  
**Vinian Meyer**, Participant Engagement & Operations Manager

## Licensed Mental Health Professionals

**Brittany Anvari**, LMFT #155361  
**Nadine Shoukry**, LMFT #129529  
**Ruth Schriebman**, PsyD, LMFT #39901  
**Stephen Lottenberg**, MD, PsyD, G41490

## Associates and Graduate Interns\*

**Eloisa Raho**, #140358, Registered Associate MFT  
**Kari Wendt**, MA, #11021 Registered Associate PCC, Facilitator  
**Lizette Bojorquez**, #143141, Registered Associate MFT  
**Maria Page**, MA, #17924, Registered Associate PCC  
**Marysabel Meneses**, Marriage and Family Therapist Trainee  
**Mudaser Hakami**, Marriage and Family Therapist Trainee  
**Tyler Perron**, Marriage and Family Therapist Trainee

All MFT & PCC Associates & Trainees are supervised by Nancy Lomibao, PsyD, LMFT #36645.

**Office Number:** 310-376-3550  
**Office Hours:** Mon-Fri 9am-5pm  
**Summer Friday** (May 29-Sept 4): 9am-1pm

**2601 Airport Drive, Ste.100**  
**Torrance, CA 90505**  
[www.CSCSouthBay.org](http://www.CSCSouthBay.org)

